



KUNG FU

Each session provides different camp themes. Our classes will help your child achieve his or her best. Emphasis is on motor skills, self-esteem, self-control and self-defense using non-violent conflict resolutions

No prior training experience required.



CHINESE

The program offers children exposure to Chinese and Chinese American culture as well as language, through a variety of hands-on activities including dance, games, crafts and Chinese calligraphy



Arts and Crafts

Arts and Crafts Curriculum include many great activities that are perfect for kids of all ages with no prior experience necessary. The teachers are always on site to provide help when needed and to make sure all students have a sense of what they are doing. Arts and crafts are incredibly important, especially for growing children, as they give a chance for kids to explore their creativity while having fun as well.

Session 1: Week one (6/8-6/12) and Week Two (6/15-/6/19)

Kung Fu ---Long Stick is most famous for its practicality and effectiveness. It is said to be the father of all weapons. About 70% of staff techniques overlap with those of other long weapons, including spear, long handled sword, etc. It is known as one of the best defense weapons, for it is easy to obtain and use.

Chinese –Ping Ying

Arts and Crafts- children Painting

Note: Summer break starts 6/9/2020 in Alameda unified school district. If students start on 6/9/2020, his/her camp fee will be adjusted accordingly as below.

1) One Session Full Day:\$540 2) One Week Full Day: \$320 3) One Session Half Day : \$360 4) One Week Half Day: \$240

Session 2: Week one (6/22-6/26) and Week Two (6/29-7/3)

Kung Fu --- Sword is the ultimate warrior's weapon. It is the most widely used of all weapons and its influence goes beyond the field of Kung fu. Every school of Kung fu uses the sword as the basic weapon for rigorous training. It is a very adaptable weapon to different body types

Chinese- Chinese Songs

Arts and Crafts –Paper holding

Session 3: Week one (7/13-7/17) and Week Two (7/20 –7/24)

Kung Fu –Various kicking techniques are physical strikes using the leg, foot, heel, thigh or knee (the latter is also known as a knee strike). Hooved animals as well as humans in the context of stand-up fighting use this type of attack frequently. Kicks play a significant role in many forms of martial arts

Chinese – Conversation

Arts and Crafts – watercolor painting

Session 4: Week one (7/27-7/31) and Week Two (8/3--8/7)

Kung Fu –Nunchaku, also known as chain sticks, is a short-range weapon that consists of two sticks connected at their ends with chain or rope. It was made famous by Bruce Lee in his movies. Aside from being easy to carry, it is a very versatile weapon, which can be used to defend against most any weapon.

Chinese - basics

Arts and Crafts – Crayon Drawing

**** Movie Day – Every Wednesday morning.**

**** Field Trip – Local parks and beaches Every week.**

ENROLLMENT FORM

Session 1

6/8--6/12 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

6/15-6/19 Full Day ____ AM Half Day ____ P.M Half Day ____ lunch____ Aftercare ____

Session 2

6/22-6/26 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

6/29-7/3 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

Session 3

7/13-7/17 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

7/20-7/24 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

Session 4

7/27-7/31 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

8/3-8/7 Full Day ____ AM Half Day ____ PM Half Day ____ lunch____ Aftercare ____

Lunch: We can order lunch for you \$25 per week; will be fried rice with vegetable, fried noodles, pizza, macaroni cheese, and spaghetti, carry rice.

Office Use Only

Tuition Fee: _____ After care: _____ Weeks X \$50 = _____ Lunch fee: _____ Weeks X \$25 = _____

Total: _____ Deposit: _____ By CC By Check Received on _____ Payment : _____ By CC By Check Received on _____



USAKFS SUMMER CAMP

USAKFS Summer Camp is a series of goal-oriented courses offering students a range of activities to keep their minds and body stimulated during the summer when schools are out. Campers will have the opportunity to learn Kung Fu, study Chinese-Mandarin, participate in Arts and Crafts and have fun! Best of all, you don't have to send them away!



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 www.usakungfustudio.com



USAKFS SUMMER CAMP RELEASE FORM

Student Name: _____ Gender M__F__ DOB _____(M/D/Y) Age: _____
 Parent's/Guardian's Name _____ Cell phone _____ Email _____
 Pediatric Doctor Name _____ Phone _____
 Insurance Company _____ Policy Number _____

I, the undersigned do hereby release Usa Kung Fu Studio, Inc. and any other persons associated with the Kung Fu Summer Camp in any capacity from any liability arising out of injuries or accidents etc. that may occur to my son or daughter as a result of my attendance and/or participation at these events. Additionally, I am fully aware of my child's personal medical condition and hereby certify that he/she is mentally and physically fit to participate in the Kung Fu Summer Camp. I also understand and agree that Usa Kung Fu Studio has the right to dismiss any student from Camp due to inappropriate behavior, which they may deem to be unsafe both to the student, other Kung Fu campers and USAKFS staff. **I also understand that all monies paid to USAKFS are NON-Refundable under any circumstances including camp dismissal.**

(Signature of Parent or Legal Guardian): _____ Tel: _____
 Alternate Pick Up: _____ Relationship _____

USAKFS SUMMER CAMP Fee Schedule

- *One session Full Day (8:00am to 4:00pm: \$600)
- *One Week Full Day (8:00am to 4:00pm: \$400)
- *One session Half-Day (8:00am to 12:00pm: \$400) Or (12:00pm to 4:00pm: \$400)
- *One Week Half-Day (8:00am to 12:00pm: \$300) Or (12:00pm to 4:00pm: \$300)
- * After care (4:00pm to 6:00pm: \$50 Per Week)
- *\$200 deposit required per session at time of registration
- *1) 10% discount for more than 2 Full day sessions 2) Siblings receive a 10% discount