



KUNG FU

Each session provides different camp themes. Our classes will help your child achieve his or her best. Emphasis is on motor skills, self-esteem, self-control and self-defense using non-violent conflict resolutions

No prior training experience required.



CHINESE

The program offers children exposure to Chinese and Chinese American culture as well as language, through a variety of hands-on activities including dance, games, crafts and Chinese calligraphy



Arts and

Arts and Crafts Curriculum include many great activities that are perfect for kids of all ages with no prior experience necessary. The teachers are always on site to provide help when needed and to make sure all students have a sense of what they are doing. Arts and crafts are incredibly important, especially for growing children, as they give a chance for kids to explore their creativity while having fun as well.

ENROLLMENT FORM

Session 1: (6/15 -7/3)

Kung Fu ---Long Stick is most famous for its practicality and effectiveness. It is the said to be the father of all weapons.About 70% of staff techniques overlap with those of other long weapons, including spear, long handled sword, etc. It is known as one of the best defense weapons, for it is easy to obtain and use.

Chinese –Basics and Ping Ying
Arts and Crafts- children Painting

Session 2: (7/6 - 7/24)

Kung Fu --- Sword is the ultimate warrior's weapon. It is the most widely used of all weapons and its influence goes beyond the field of Kung fu. Every school of Kung fu uses the sword as the basic weapon for rigorous training. It is a very adaptable weapon to different body types

Chinese- Chinese Songs
Arts and Crafts –Paper holding

Session 3: (7/27 -8/14)

Kung Fu –Nunchaku, also known as chain sticks, is a short-range weapon that consists of two sticks connected at their ends with chain or rope. It was made famous by Bruce Lee in his movies. Aside from being easy to carry, it is a very versatile weapon, which can be used to defend against most any weapon.

Chinese – Conversation
Arts and Crafts – watercolor painting

Program Outline:

- Campers and staff will remain in the same groups of twelve (12) children for the duration of the 3-week session. One to two weeks sessions are not available. Family members, or anyone living in the same household, will be in the same group. These small groups will not interact with other groups during the camp program. This is to minimize and limit virus exposure.
- Staff and campers will be required to complete a daily wellness check, including having temperature taken at check-in. There will be pick up and drop off loading zones and no contact between parents and other campers. Campers will be escorted to and from their cars by USAKFS staff. Parents will not be permitted into the building or around other campers for everyone's safety. For drop off, you must answer wellness check questions and for pick up, you must show a driver's license identification for the camper to be released.
- Please note that County Health requirements may continue to change. We will do our best to keep you informed regarding any program changes and we will continue to comply with the most current safety guidelines.
- At present, there will not be any out of town field trips. Local Alameda field trips may be allowed based on safety guidelines.

Please check:

Session 1 _____ Aftercare _____

Session 2 _____ Aftercare _____

Session 3 _____ Aftercare _____

Number of sessions _____ **x \$900 =** _____. (10% discount for more than 2 sessions and for siblings)

Number of sessions for aftercare _____ **x \$150 =** _____.

Total: _____ **By Check** Received on _____ **By CC** Received on _____



TIGER



MONKEY



SNAKE



CRANE



DRAGON



MANTIS



EAGLE

USAKFS SUMMER CAMP

USAKFS Summer Camp

is a series of goal-oriented courses offering students a range of activities to keep their minds and body stimulated during the summer when schools are out. Campers will have the opportunity to learn Kung Fu, study Chinese-Mandarin, participate in Arts and Crafts and have fun! Best of all, you don't have to send them away!



1828 Park Street
Alameda, CA 94501
Tel: 415-260-5837 or 510-769-8018



www.usakungfustudio.com

USAKFS SUMMER CAMP RELEASE FORM

Student Name: _____ Gender M__F__ DOB _____(M/D/Y) Age: _____

Parent's/Guardian's Name _____ Cell phone _____ Email _____

Pediatric Doctor Name _____ Phone _____

Insurance Company _____ Policy Number _____

I, the undersigned do hereby release Usa Kung Fu Studio, Inc. and any other persons associated with the Kung Fu Summer Camp in any capacity from any liability arising out of injuries or accidents etc. that may occur to my son or daughter as a result of my attendance and/or participation at these events. Additionally, I am fully aware of my child's personal medical condition and hereby certify that he/she is mentally and physically fit to participate in the Kung Fu Summer Camp. I also understand and agree that Usa Kung Fu Studio has the right to dismiss any student from Camp due to inappropriate behavior; which they may deem to be unsafe both to the student, other Kung Fu campers and USAKFS staff. **I also understand that all monies paid to USAKFS are NON-Refundable under any circumstances including camp dismissal.**

(Signature of Parent or Legal Guardian): _____ Tel: _____

Alternate Pick Up: _____ Relationship _____

USAKFS SUMMER CAMP Fee Schedule

***One session Full Day (8:00am to 4:00pm: \$900)**

*** After care (4:00pm to 6:00pm: \$50 Per Week)**

*** 1) 10% discount for more than 2 sessions 2) Siblings receive a 10% discount**

*** Final payment due when session reaches minimum enrollment of 10 students**

